



Procedure:

How To Germinate Seeds

Follow this procedure to germinate cannabis seeds in wet paper towels.

1

Start with mature seeds. Mature seeds have a hard shell with a dark brown color and lighter accents. Avoid seeds that are white or green. They have not reached full maturity and will not germinate.

2

Soak four paper towels in distilled water. Wring out any excess water; there shouldn't be any running off the paper towels.

3

Place two of the wet paper towels on a clean plate.

4

Place your seeds at least an inch apart on the paper towels.

5

Cover the seeds with the two remaining wet paper towels.

6

Cover with a second plate, flipped over to create a dark protected space for the germinating seeds.

7

Place the plates and seeds in a warm area that's between 70° and 80°F (21° and 27°C).

8

Check your seeds every day or two. Touch the paper towels to make sure they're still wet. If they start to lose their moisture, add water.

9

Germination is complete when the root appears, and two circular leaves sprout up in search of light. When this occurs, the seedling stage has begun.

10

Plant the seedlings in a waterproof tray using Steps 2 to 12 of the Procedure: How To Clone Cannabis Plants.
