



Chart: Entourage Effects

Effect	Components
Acne	CBD, CBC, linalool
Alzheimer's disease	THC, CBD, CBC (prevent), THCv (motor control)
Anxiety	Increases: THC (high dose); Reduces: Primarily CBD and beta caryophyllene. Also THC (low dose), CBG, THCv, delta-8, limonene, linalool
Appetite	Increases: THC, CBG, CBC; Reduces: CBD, THCv, humulene
Autoimmune disorders	THC CBD, THCv, beta caryophyllene
Blood pressure	Increases: THC; Reduces: CBG, CBD
Broken bones	CBD, CBN, CBG, THCv
Cancer	THC, CBD, CBG, CBN, CBC, delta-8, beta caryophyllene, limonene, myrcene, humulene, linalool
Crohn's disease, IBS, ulcers	CBD, CBG, beta caryophyllene, limonene
Depression	Primarily THC (short term), CBG, CBC. Also beta caryophyllene, limonene, linalool, myrcene.
Diabetes	CBD, THCv, myrcene, beta caryophyllene
Drowsiness	Increases: CBN, THC, CBG, linalool, myrcene (when greater than 0.5%), beta caryophyllene; Reduces: Alpha pinene
Epilepsy	THC (low doses), CBD, CBN, CBG, THCv, linalool



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Effect	Components
Glaucoma	THC (low doses), CBD, CBN, CBG, THCV, linalool
Inflammation	THC, CBD, CBN, CBG, CBC, delta-8, beta caryophyllene, limonene, myrcene, humulene, linalool
Memory / Attention	Increases: CBG, alpha pinene; Reduces: THC (high dose)
Muscle spasms	THC, CBD, myrcene
Nausea	THC, CBD, delta-8, linalool
Neurological damage	THC, CBD, CBG, CBC, delta-8
Pain relief	THC, CBD, CBN, CBG, CBC, delta-8, alpha pinene, beta caryophyllene, myrcene, humulene, linalool
Psychoactivity	Increases: THC, CBN (1/10 of THC), THCV (high dose), delta-8, CBG; Enhances: myrcene ; Reduces: CBD, linalool
Sedative	Primarily CBN, THC, myrcene (>0.5%). Also CBG, beta caryophyllene, linalool